



You have arrived in Germany – a country that has not fought a war with any other country for over seventy years. German society is based on democratic values and laws.

THE GERMAN CONSTITUTION (excerpt)

ARTICLE 1: Human dignity is inviolable. To respect and protect it is the duty of every state authority.

ARTICLE 3: All persons are equal before the law. / Men and women are equal. [...] / Nobody can be discriminated against or favoured because of his or her sex, his or her origin, his or her race, his or her language, his or her homeland or descent, his or her faith, his or her religious or political beliefs. No one may be discriminated against because of his or her disability physical or mental. //

An infringement of these rights is against the law and may be prosecuted.

Men are not allowed to use force against women – neither psychological, physical or sexual.

If someone asks to be left alone, you should accept this. Harassing other people, whether male or female, is not allowed. Also you must ask people for their permission before you take photographs of them.

Every woman has the right to dress as she pleases. Revealing clothing is normal in Germany and should not be understood by men as an invitation for sexual remarks or sexual acts.

Women themselves can decide where they live and what career they choose. They have their own money.

Everyone – men and women – can choose their own partner themselves and is free to decide on their own whether he or she wants to marry this person. It is just as normal to be single as to be married. Also homosexual relationships can be registered as a legal consensual union.

Get to know our country and how we do things, ask questions, talk to us!



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If you feel threatened or mistreated as a woman, even if the offender is your spouse or a family member, **get help!**

Talk to somebody that you trust!

Caritas Association Rhine-Wied-Sieg e.V. Wagnerstrasse 1, 57518 Betzdorf

Tel. 0 27 41/97 60-0

Police Tel. 110

Telephone Assistance Hotline Number "Violence against women"

08000116016