

Supporting SOLWODI

If you want to support our work for migrant women who have run into problems in Germany, here are some ways in which you can help:

- Invite members of SOLWODI to give lectures at your event
- Keep an eye open for problems or cases in your vicinity and try to help if you feel it's necessary
- Support our campaigns (see our website for current campaigns www.solwodi.de)
- Organize your own working group. We're happy to advise you !
- Donate money to SOLWODI (we can provide receipts for tax returns)

Financing

The costs for the support given to women are covered largely by the appropriate social authorities, State or European funds and donations from supporters. Many German federal states, cities, towns, church dioceses and religious orders and organisations help with donations to pay our counselling activities, our administration and salaries.

Bank details

We have accounts with the following banks:

Landesbank Saar, Saarbrücken
Account No. 2000 9999
Bankcode 590 500 00
BIC: SALADE55XXX
IBAN: DE84 5905 0000 0020 0099 99

Koblenzer Volksbank e.G.
Account No. 656565 1000
Bankcode 570 900 00
BIC: GENODE51KOB
IBAN: De68 5709 0000 6565 6510 00

Contact information

SOLWODI counseling centres

SOLWODI Deutschland e.V.

56154 **Boppard**, Propsteistr. 2 Tel: 06741 - 22 32
Email: info@solwodi.de Fax: 06741 - 23 10

12006 **Berlin**, Postfach 440645 Tel: 030 - 81 00 11 70
Email: berlin@solwodi.de Fax: 030 - 81 00 11 719

Returnee Project:

55027 **Mainz**, Postfach 3741 Tel: 06131 - 67 07 95
Email: mainz@solwodi.de Fax: 06131 - 61 34 70

SOLWODI Rheinland-Pfalz e.V.

55027 **Mainz**, Postfach 3741 Tel: 06131 - 67 80 69
Email: mainz@solwodi.de Fax: 06131 - 61 34 70

67012 **Ludwigshafen**, Postfach 211242 Tel: 0621 - 52 91 277
Email: ludwigshafen@solwodi.de Fax: 0621 - 52 92 038

56014 **Koblenz**, Postfach 201446 Tel: 0261 - 33 719
Email: koblenz@solwodi.de Fax: 0261 - 12 705

SOLWODI Nordrhein-Westfalen e.V.

47011 **Duisburg**, Postfach 101150 Tel: 0203 - 66 31 50
Email: duisburg@solwodi.de Fax: 0203 - 66 31 51

46045 **Oberhausen**, Blumenthalstr. 72 Tel: 0208 - 64 88 272
Email: lilja@solwodi.de Fax: 0208 - 83 66 212

SOLWODI Bayern e.V.

80799 **München**, Schellingstr. 72 Tel: 089 - 27 27 58 59
Email: muenchen@solwodi.de Fax: 089 - 27 27 58 60

97688 **Bad Kissingen**, Seehof 1 Tel: 0971 - 80 27 59
Email: bad.kissingen@solwodi.de Fax: 0971 - 80 27 56

94013 **Passau**, Postfach 2305 Tel: 0851 - 96 66 450
Email: passau@solwodi.de Fax: 0851 - 96 66 790

86043 **Augsburg**, Postfach 111829 Tel: 0821 - 32 90 952
Email: augsburg@solwodi.de Fax: 0821 - 32 78 622

SOLWODI Niedersachsen e.V.

38106 **Braunschweig**, Bernerstr. 2 Tel: 0531 - 47 38 112
Email: braunschweig@solwodi.de Fax: 0531 - 47 38 113

49027 **Osnabrück**, Postfach 3703 Tel: 0541 - 52 81 909
Email: osnabrueck@solwodi.de Fax: 0541 - 52 81 910

Working Group

AK-Ordensfrauen gegen Frauenhandel Tel.: 06741 - 22 32

Homepage

<http://www.solwodi.de>



SOLIDARITY WITH

WOMEN IN DISTRESS /

SOLIDARITÄT MIT

FRAUEN IN NOT

Counselling centres
for women and girls
from abroad

English

Background



SOLWODI (SOLidarity with Women In Distress) was founded in Kenya by Sister Lea Ackermann back in 1985 to help poverty-stricken women who were forced to work as prostitutes.

Today, SOLWODI Kenya is still helping women and their children to escape prostitution and find new perspectives. In 1988 Sister Lea then founded SOLWODI Germany, a counselling and contact point for women and girls from abroad who have run into difficulties in Germany.

Reasons for seeking help

The reasons why migrant women contact us are manifold. They include violations of human rights and distressing situations such as:

- forced prostitution and human trafficking
- forced marriages or the threat of “honour killings”
- violence and problems in marriages or in relationships
- exploitative working conditions
- residency or integration problems
- legal problems such as maintenance and child support
- other problems and difficulties which can't be solved by the women on their own

SOLWODI offers individual advice and help depending on the situation at hand. Regardless of the circumstances, advice is anonymous, free of cost and open to all confessions.

Here's how we help:

- Initial, comprehensive counselling
- psychosocial support
- accommodation in a safe SOLWODI shelter
- advice for and accompaniment of women who are acting as witnesses in criminal proceedings against the traffickers
- advice for women and girls being forced into arranged marriage
- organizing language courses
- support in finding qualification courses for work
- help in finding accommodation or work
- integration support
- assistance in finding appropriate legal support
- support with and accompaniment to authorities
- specialised advice for those women intending to return to their home countries.

Trafficking

SOLWODI offers special help for those women who have become victims of trafficking or forced prostitution. This includes safe accommodation in a shelter, psychosocial counselling and support, provision of legal assistance, accompaniment to the authorities, to doctors or lawyers and to court in the case of criminal proceedings. For traumatized victims it is particularly important that help is comprehensive and long-term.

Forced marriage

Girls and women who are threatened with or already live in a forced marriage can contact SOLWODI for help. By offering safe accommodation in a shelter, helping to find a flat or a job and by giving advice over a long period of time, the women and girls can start a new and self-determined life.

Returnee Programme

The SOLWODI Returnee Programme offers support to women wanting to return to their home countries or are facing deportation. The support aims at empowering them to live an independent life once they have returned. Besides counselling, returnees may receive financial support or the opportunity to gain job qualifications or plan and set up a small business back home.

Public relations, projects and networking

To make sure our work is well-known we use the following methods:

- Lectures
- Publications like our news letter, published four times a year
- Publication of books
- Seminars and training courses
- other public events

SOLWODI has led and cooperated in various national and European projects (for example DAPHNE, AGIS, EFF, EIF and others).

Networking is a very important aspect of SOLWODI's work. Networking helps us find the appropriate partners for individual cases and channel efforts for our cause. That's why we have been cooperating for years with other counselling centres, aid organisations, State and Church agencies, religious orders, women's networks and groups here in Germany and also abroad.